



Crimson Gate
Meditation Community

Sutra Service

PURIFICATION

(Chanted three times - palms together in gassho)

All the ancient twisted karma
From beginningless greed, hatred and ignorance
Born of my body, mouth and thought
I now confess openly and fully

REFUGE

(Chanted - palms together in gassho)

I take refuge in awakening
I take refuge in the way
I take refuge in my companions

(Sung - three times)

Buddham saranam gacchami
Dhammam saranam gacchami
Sangham saranam gacchami
Buddham Dhammam Sangham

THE FIVE REMEMBRANCES

Shakyamuni Buddha advised: These are the five facts that one should reflect on often.

Cantor: I am of the nature to grow old.
All: **There is no way to escape growing old.**

Cantor: I am of the nature to have ill health.
All: **There is no way to escape ill health.**

Cantor: I am of the nature to die.
All: **There is no way to escape this.**

Cantor: All that is dear to me and everyone I love are of the nature to change.
All: **There is no way to escape being separated from them.**

Cantor: My actions are my only true belongings. I cannot escape the consequences of my actions.
All: **My actions are the ground upon which I stand.**

SHO SAI MYO KICHIJO DHARANI

(Ancient Spell to Ward Off Danger)

(3 times)

NO MO SAM MAN DA MOTO NAN OHA
RA CHI KOTO SHA SONO NAN TO JI
TO EN GYA GYA GYA KI GYA KI
UN NUN SHIFU RA SHIFU RA HARA SHIFU
RA HARA SHIFU RA CHISHU SA CHISHU SA
CHISHU RI CHISHU RI SOHA JA SOHA JA
SEN CHI GYA SHIRI EI SO MO KO

THE GREAT PRAJNA PARAMITA HEART SUTRA

Avalokiteshvara Bodhisattva, practicing deep Prajna Paramita clearly saw that all five skandhas are empty, transforming all suffering and distress.

Shariputra, form is no other than emptiness, emptiness no other than form; form is exactly emptiness, emptiness exactly form; sensation, perception, mental reaction, consciousness are also like this.

Shariputra, all things are essentially empty—
not born, not destroyed; not stained, not pure; without loss, without gain.
Therefore in emptiness there is no form, no sensation, perception, mental reaction, consciousness;
no eye, ear, nose, tongue, body, mind;
no color, sound, smell, taste, touch, object of thought;
no seeing and so on to no thinking;
no ignorance and also no ending of ignorance, and so on to no old age and death and also no ending of old age and death;
no suffering, cause of suffering, cessation, path, no wisdom, and no attainment.

Since there is nothing to attain, the bodhisattva lives by Prajna Paramita, with no hindrance in the mind; no hindrance, and therefore no fear; far beyond delusive thinking, right here is Nirvana.

All Buddhas of past, present and future live by Prajna Paramita, attaining Anuttara-samyak-sambodhi.
Therefore know that Prajna Paramita is the great sacred mantra, the great vivid mantra,
the unsurpassed mantra, the supreme mantra, which completely removes all suffering.
This is truth, not mere formality. Therefore set forth the Prajna Paramita mantra. Set forth this mantra and proclaim:

Gaté Gaté Paragaté
Parasamgaté
Bodhi Svaha!

FIRST DEDICATION : GRATITUDE

(Palms together)

Cantor:

Buddha nature pervades the whole universe,
existing right here now.

The wind blows, waves fall on the shore,
and Guanyin finds us in the dark and broken roads.

We give thanks to
all the ancestors of meditation in the still halls,
the unknown women, centuries of enlightened women,
ants and sticks and grizzly bears.

Let wisdom go to every corner of the house,
let people have joy in each other's joy.

All (sung):

All Buddhas throughout space and time
all Awakened Beings, Great Beings
the Heart of Perfect Wisdom

PRAISE SONG for MEDITATION
HAKUIN EKAKU

All beings by nature are Buddha,
just as water and ice are the same.
Apart from water there is no ice,
apart from beings no Buddha.

How sad that people ignore the near
and search for truth afar,
like someone in the midst of water
crying out in thirst,
like a child of a wealthy home
wandering among the poor.

Lost on dark paths of ignorance
we wander through the six worlds;
from dark path to dark path,
when shall we be free from birth and death?

Oh the meditation of the Bodhisattvayana
to this the highest praise
devotion, repentance, training, the many paramitas
all have their source in meditation.

Those who sit in meditation even once
wipe away beginningless crimes-
where are all the dark paths then?
Paradise itself is near.

Those who hear this truth even once
and listen with a grateful heart
treasuring it, revering it,
gain blessings without end.

Much more, those who turn about,
and bear witness to self-nature-
self-nature that is no nature-
go far beyond mere doctrine.

Here effect and cause are the same;
the Way is neither two nor three;
with form that is no form,
going and coming, we are never astray;

with thought that is no thought
singing and dancing are the voice of the Law.

How boundless and free is the sky of Samadhi,
how bright the full moon of wisdom.
truly is anything missing?
Nirvana is right here before our eyes;
this very place is paradise,
This very body, the Buddha.

BODHISATTVA'S VOW

TOREI ZENJI

When I look deeply
into the real form of the universe,
everything reveals the mysterious truth of the Tathagata.
This truth never fails:
in every moment and every place
things can't help but shine with this light.

Realizing this, our ancestors gave reverent care
to animals, birds, and all beings.
Realizing this, we ourselves know that our daily food,
clothing and shelter are the warm body and beating heart of the Buddha.
How can we be ungrateful to anyone or anything?
Even though someone may be a fool,
we can be compassionate.
If someone turns against us,
speaking ill of us and treating us bitterly,
it's best to bow down:
this is the Buddha appearing to us,
finding ways to free us from our own attachments—
the very ones that have made us suffer again and again and again.

Now on each flash of thought
a lotus flower blooms,
and on each flower: a Buddha.
The light of the Tathagata
appears before us, soaking into our feet.
May we share this mind with all beings so that we and the world together
may grow in wisdom.

ENMEI JIKKU KANNON GYO
GUANYIN SUTRA OF ENDLESS LIFE

Kanzeon
Praise awakening
We are born with awakening
We grow with awakening
We grow with awakening, the Way, and our companions

Eternity is full of joy, the self is pure
Morning's thought is Kanzeon
Evening's thought is Kanzeon
Thought after thought arises in the mind
Thought after though is the mind

(Sung — 3 times)

Kanzeo-o-o-on
Kanzeo-o-o-on
Kanzeo-o-o-o-o-on
Kanzeon

(Chanted — 3 times)

KANZEON
NAMU BUTSU
YO BUTSU U IN
YO BUTSU U EN
BUPPO SO EN
JO RAKU GA JO
CHO NEN KANZEON
BO NEN KANZEON
NEN NEN JU SHIN KI
NEN NEN FU RI SHIN

(Sung — 3 times)

Kanzeo-o-o-on
Kanzeo-o-o-on
Kanzeo-o-o-o-o-on
Kanzeon

SECOND DEDICATION : REMEMBRANCE

(Palms together in gassho)

Cantor:

All living things are one seamless body
and pass quickly from dark to dark.

We remember you who cared for us and are gone,
you in the generations yet to be born.

You who are ill, you who are at war,
who are hungry and who are in pain—
may you heal and have peace.

We especially dedicate our service to:
[Speak names of personal dedications]

All (sung 3 times):

Cross on over
Cross that river
Set them free

END OF SERVICE DEDICATION

(Hands in gasho)

Cantor:

Infinite realms of light and dark convey the Buddha Mind;
Birds and trees and stars and we ourselves come forth in perfect harmony;

We recite our sutra for the many beings of the world;

In grateful thanks to all our many guides along the ancient way.

THE FOUR BOUNDLESS VOWS

I vow to wake the beings of the world
I vow to set endless heartache to rest
I vow to walk through every wisdom gate
I vow to live the great Buddha way